



# ROTHERHAM METRO AMATEUR SWIMMING CLUB

*Affiliated to Yorkshire & North East Counties A.S.A.*

CLUB:.....

EMAIL .....

Entry Form: 'A' and 'B' Short Course Graded Meet 2010

Ponds Forge ISC, Sheffield 17th and 18th July 2010

Entry Closing date: 7th June 2010

Boys/Girls (Please Delete)

Age as at 18th July 2010

Submitted times should be those achieved in a 25m pool

	Freestyle			Backstroke			Breaststroke			Butterfly			Ind. Med.	
	50	100	200	50	100	200	50	100	200	50	100	200	100	200
Name:														
DOB & ASA reg:														
Name:														
DOB & ASA reg:														
Name:														
DOB & ASA reg:														
Name:														
DOB & ASA reg:														
Name:														
DOB & ASA reg:														
Name:														
DOB & ASA reg:														

No. Entries @ £4.50 \_\_\_\_\_ Entry Fee Enclosed: £ \_\_\_\_\_ (Cheques payable to Rotherham Metro Ltd)

Return to: Mrs A Bainbridge, 22 Beechfield Close, Bolton On Dearne, Rotherham S63 8EY

E-mail: [acbainbridge@sky.com](mailto:acbainbridge@sky.com)

Web Site: [www.rotherham-metro.co.uk](http://www.rotherham-metro.co.uk)