

Rankings as of :01.08.09

Long Course Female

50m Freestyle

1	Charlotte Pearson	09.06.94	Sheffield No Frills May 2009	29.31
2	Claire Shortt	14.11.87	NEC May 08	29.41
3	Frances McGrother	25.12.91	Sheffield No Frills May 2009	30.23
4	Lauren Horler	18.12.95	Rotherham Open May 09	30.74
5	Sarah Dawes	Master	Rotherham Masters 08	30.85
6	Emily Shone	23.07.96	Yorks March 2009	31.32
7	Charlotte Bailey	18.06.91	NEC Apr 06	31.51
8	Kelsey Longden	03.02.96	Rotherham Open May 09	31.90
9	Shannon Eades	08.11.96	Rotherham Open May 09	32.11
10	Rachael Frost	03.06.93	Yorks Feb 08	32.16
11	Laura Gillott	19.05.96	Rotherham Open May 09	32.24
12	Kimberley Bush	26.11.95	Yorks March 2009	32.27
13	Hannah Shone	30.09.93	Rotherham A/B Jan 09	32.72
14	Bethany Woodcock	12.03.97	Yorks March 2009	33.01
15	Nicole Clarke	14.11.96	Yorks March 2009	33.06
16	Jessica Bushby	30.12.96	Yorks March 2009	33.39
17	Chelsea Smith	23.02.97	Rotherham Open May 09	33.50
18	Holly Sotheran	30.11.98	Yorks March 2009	33.59
19	Bethany White	13.05.95	Rotherham A/B Jan 09	33.77
20	Alice Frost	28.02.95	Sheffield Teaspoon Sept 08	34.04
21	Alice Aucott	06.11.98	Rotherham Open May 09	34.71
22	Rebecca Britten	22.10.97	Yorks March 2009	34.80
23	Victoria Faley	04.01.94	Sheffield & District Feb 09	34.85
24	Abigail Oates	10.05.96	Barnsley Sizzler July 08	35.05
25	Lucy Bennett	06.04.97	Yorks March 2009	35.42
26	Rebecca Worne	21.07.96	Yorks March 2009	35.46
27	Shannon Sutton	04.09.96	Sheffield & District Feb 09	35.47
28	Alicia Hartley	02.09.98	Rotherham Open May 09	35.90
29	Jessica McGann	17.08.97	Yorks March 2009	35.94
30	Amelia Kurley	30.12.96	Sheffield & District Feb 09	36.10
31	Emily Noon	29.08.98	Yorks March 2009	36.41
32	Yvonne Graves	10.10.98	Rotherham Open May 09	36.51
33	Shauney Brewster	29.07.96	Rotherham A/B Jan 09	36.72
34	Zoe Thompson	19.01.96	Sheffield & District Feb 09	36.72
35	Abbie Hull	30.01.98	Sheffield & District Feb 09	38.52
36	Eleanor Coleman	24.02.98	Rotherham A/B Jan 09	38.70
37	Ruth Brown	07.06.96	Sheffield & District Feb 09	39.29
38	Katie Pollard	25.05.99	Yorks March 2009	39.46
39	Harriet Esberger	20.10.98	Rotherham A/B Jan 09	39.52
40	Hannah Dannatt	26.06.99	Yorks March 2009	40.42
41	Sophie Jones	02.12.97	Sheffield & District Feb 09	40.49
42	Molly Simpson	05.11.96	Sheffield & District Feb 09	41.00
43	Rebecca Durn	16.02.00	Thorne Tigers June 09	41.46
44	Georgia Naughton	31.05.97	Sheffield & District Feb 09	41.73
45	Teresa Graves	10.10.98	Sheffield & District Feb 09	42.05
46	Lois Vardy	01.12.99	Yorks March 2009	43.01
47	Robyn Hartley	06.12.97	Rotherham A/B Jan 09	44.81
48	Heather Wellings	29.10.97	Barnsley Sizzler July 08	47.42
49	Danielle Marsh	07.10.99	Sheffield & District Feb 09	48.31
50	Holly Noon	30.01.01	Sheffield & District Feb 09	48.34
51	Caitlin Wallis	05.09.98	Sheffield & District Feb 09	48.76
52	Maisie Noon	30.01.01	Sheffield & District Feb 09	51.10

53 Kayley Britten	21.01.01	Sheffield & District Feb 09	53.84
-------------------	----------	-----------------------------	-------

#### 100m Freestyle

1 Claire Shortt	14.11.87	Rotherham Open May 08	1.03.86
2 Charlotte Pearson	09.06.94	Sheffield No Frills May 2009	1.04.13
3 Frances McGrother	25.12.91	Yorks Feb 09	1.05.56
4 Emily Shone	23.07.96	NECs June 09	1.06.72
5 Kelsey Longden	03.02.96	NECs June 09	1.07.26
6 Shannon Eades	08.11.96	NECs June 09	1.08.91
7 Nicole Clarke	14.11.96	NECs June 09	1.09.08
8 Charlotte Bailey	18.06.91	Sheffield and District Feb 06	1.09.44
9 Laura Gillott	19.05.96	Rotherham A/B Jan 09	1.10.49
10 Rachael Frost	03.06.93	Rotherham Open May 08	1.10.71
11 Kimberley Bush	26.11.95	Sheffield Premier Mar 2009	1.10.79
12 Lauren Horler	18.12.95	Rotherham A/B Jan 09	1.11.34
13 Jessica Bushby	30.12.96	Yorks Feb 09	1.12.01
14 Bethany Woodcock	12.03.97	Rotherham Open May 09	1.12.67
15 Holly Sotheran	30.11.98	NECs June 09	1.13.12
16 Chelsea Smith	23.02.97	Thorne Tigers June 09	1.14.00
17 Alice Frost	28.02.95	Rotherham A/B Jan 09	1.14.52
18 Lucy Bennett	06.04.97	Yorks Feb 09	1.16.27
19 Alice Aucott	06.11.98	Rotherham Open May 09	1.16.30
20 Bethany White	13.05.95	Rotherham A/B Jan 09	1.16.40
21 Rebecca Worne	21.07.96	Thorne Tigers June 09	1.16.74
22 Abigail Oates	10.05.96	Barnsley Sizzler July 08	1.18.95
23 Victoria Faley	04.01.94	Sheffield & District Feb 09	1.19.36
24 Lynne Shackshaft	01.10.96	Rotherham A/B Jan 09	1.19.37
25 Alicia Hartley	02.09.98	Rotherham Open May 09	1.19.64
26 Hannah Shone	30.09.93	Rotherham A/B Jan 07	1.19.71
27 Rebecca Britten	22.10.97	Thorne Tigers June 09	1.21.26
28 Zoe Thompson	19.01.96	Thorne Tigers June 09	1.21.87
29 Abbie Hull	30.01.98	Rotherham A/B Jan 09	1.21.92
30 Amelia Kurley	30.12.96	Sheffield & District Feb 09	1.22.06
31 Shannon Sutton	04.09.96	Sheffield & District Feb 09	1.22.45
32 Shauneey Brewster	29.07.96	Sheffield & District Feb 09	1.23.75
33 Eleanor Coleman	24.02.98	Rotherham A/B Jan 09	1.25.02
34 Jessica McGann	17.08.97	Rotherham A/B Jan 09	1.25.13
35 Yvonne Graves	10.10.98	Sheffield & District Feb 09	1.26.05
36 Georgia Naughton	31.05.97	Thorne Tigers June 09	1.29.27
37 Molly Simpson	05.11.96	Sheffield & District Feb 09	1.31.63
38 Hannah Dannatt	26.06.99	Rotherham A/B Jan 09	1.31.79
39 Teresa Graves	10.10.98	Rotherham A/B Jan 09	1.32.26
40 Emily Noon	29.08.98	Sheffield & District Feb 09	1.32.27
41 Ruth Brown	07.06.96	Sheffield & District Feb 09	1.33.42
42 Heather Wellings	29.10.97	Rotherham A/B Jan 09	1.33.65

#### 200m Freestyle

1 Frances McGrother	25.12.91	Yorks Feb 09	2.19.58
2 Charlotte Pearson	09.06.94	Sheffield Premier Mar 2009	2.22.07
3 Laura Gillott	19.05.96	NECs June 09	2.26.61
4 Emily Shone	23.07.96	NECs June 09	2.27.28
5 Kelsey Longden	03.02.96	Yorks Feb 09	2.27.36
6 Charlotte Bailey	18.06.91	Yorks Feb 07	2.28.57
7 Nicole Clarke	14.11.96	NECs June 09	2.29.43
8 Holly Sotheran	30.11.98	Rotherham Open May 09	2.35.81
9 Jessica Bushby	30.12.96	Yorks Feb 09	2.37.03

10 Rachael Frost	03.06.93	Rotherham Open May 08	2.37.89
11 Shannon Eades	08.11.96	Yorks Feb 09	2.39.44
12 Chelsea Smith	23.02.97	Rotherham Open May 09	2.39.50
13 Lauren Horler	18.12.95	Rotherham A/B Jan 09	2.40.31
14 Kimberley Bush	26.11.95	Rotherham A/B Jan 09	2.40.50
15 Alice Aucott	06.11.98	Rotherham Open May 09	2.41.28
16 Alice Frost	28.02.95	Rotherham A/B Jan 08	2.44.19
17 Hannah Shone	30.09.93	Rotherham A/B Jan 09	2.46.47
18 Rebecca Britten	22.10.97	Thorne Tigers June 09	2.53.86
19 Lynne Shackshaft	01.10.96	Thorne Tigers June 09	2.57.35
20 Zoe Thompson	19.01.96	Thorne Tigers June 09	2.58.61
21 Jessica McGann	17.08.97	Rotherham A/B Jan 09	3.06.15
22 Eleanor Coleman	24.02.98	Thorne Tigers June 09	3.07.76
23 Shannon Sutton	04.09.96	Rotherham A/B Jan 09	3.08.83
24 Abbie Hull	30.01.98	Rotherham A/B Jan 08	3.09.06
25 Katie Pollard	25.05.99	Yorks Feb 09	3.09.53
26 Harriet Esberger	20.10.98	Rotherham A/B Jan 09	3.14.99

#### 400m Freestyle

1 Frances McGrother	25.12.91	Yorks Feb 09	4.53.20
2 Kelsey Longden	03.02.96	NECs June 09	5.00.84
3 Nicole Clarke	14.11.96	NECs June 09	5.09.43
4 Charlotte Bailey	18.06.91	NEC May 07	5.13.75
5 Holly Sotheran	30.11.98	NECs June 09	5.24.46
6 Jessica Bushby	30.12.96	Sheffield & District Feb 09	5.46.77
7 Abbie Hull	30.01.98	Sheffield & District Feb 09	6.23.97
8 Helen Turner	Master	Rotherham Masters 08	6.25.36

#### 800m Freestyle

1 Nicole Clarke	14.11.96	Yorks Feb 09	11.05.00
-----------------	----------	--------------	----------

#### 50m Breaststroke

1 Claire Shortt	14.11.87	Yorks Feb 08	37.93
2 Frances McGrother	25.12.91	Sheffield No Frills May 2009	38.76
3 Emily Shone	23.07.96	Yorks March 2009	38.93
4 Charlotte Bailey	18.06.91	Rotherham Open May 08	42.10
5 Charlotte Pearson	09.06.94	Yorks Feb 08	42.91
6 Laura Gillott	19.05.96	Yorks March 2009	43.54
7 Lucy Bennett	06.04.97	Rotherham Open May 09	43.56
8 Shannon Eades	08.11.96	Yorks March 2009	43.57
9 Victoria Faley	04.01.94	Sheffield & District Feb 09	43.66
10 Alicia Hartley	02.09.98	Rotherham Open May 09	43.84
11 Kimberley Bush	26.11.95	Rotherham Open May 09	43.92
12 Paige Davis	15.10.91	Rotherham Open May 09	44.41
13 Hannah Shone	30.09.93	Rotherham Open May 08	44.69
14 Nicole Clarke	14.11.96	Yorks March 2009	44.76
15 Lauren Horler	18.12.95	Sheffield Teaspoon Sept 08	44.83
16 Lynne Shackshaft	01.10.96	Rotherham A/B Jan 09	44.86
17 Alice Aucott	06.11.98	Rotherham Open May 08	44.52
18 Shannon Sutton	04.09.96	Sheffield & District Feb 09	45.81
19 Bethany White	13.05.95	Rotherham A/B Jan 09	45.82
20 Helen Turner	Master	Rotherham Masters 08	46.38
21 Chelsea Smith	23.02.97	Thorne Tigers June 09	46.52
22 Holly Sotheran	30.11.98	Yorks March 2009	46.68
23 Kelsey Longden	03.02.96	Rotherham A/B Jan 08	47.59
24 Alice Frost	28.02.95	Rotherham A/B Jan 09	48.00

25 Eleanor Coleman	24.02.98	Thorne Tigers June 09	48.03
26 Molly Simpson	05.11.96	Sheffield & District Feb 09	48.16
27 Georgia Naughton	31.05.97	Thorne Tigers June 09	48.39
28 Zoe Thompson	19.01.96	Sheffield & District Feb 09	48.65
29 Bethany Woodcock	12.03.97	Sheffield Teaspoon Sept 08	49.22
30 Rachael Frost	03.06.93	Rotherham A/B Jan 09	49.32
31 Ruth Brown	07.06.96	Sheffield & District Feb 09	49.37
32 Jessica Bushby	30.12.96	Sheffield & District Feb 09	49.44
33 Rebecca Britten	22.10.97	Sheffield & District Feb 09	50.54
34 Yvonne Graves	10.10.98	Rotherham A/B Jan 09	50.80
35 Heather Kingston	12.02.99	Barnsley Sizzler July 08	51.33
36 Jessica McGann	17.08.97	Rotherham A/B Jan 09	51.83
37 Sophie Jones	02.12.97	Sheffield & District Feb 09	52.30
38 Harriet Esberger	20.10.98	Sheffield & District Feb 09	52.50
39 Hannah Dannatt	26.06.99	Rotherham A/B Jan 09	52.52
40 Amelia Kurley	30.12.96	Sheffield & District Feb 08	54.05
41 Rebecca Durn	16.02.00	Thorne Tigers June 09	54.12
42 Lois Vardy	01.12.99	Yorks March 2009	54.79
43 Abbie Hull	30.01.98	Rotherham A/B Jan 09	55.42
44 Teresa Graves	10.10.98	Rotherham A/B Jan 09	56.41
45 Lucy Bennett	06.04.97	Sheffield and District Feb 07	56.71
46 Caitlin Wallis	05.09.98	Sheffield & District Feb 09	58.98
47 Danielle Marsh	07.10.99	Sheffield & District Feb 09	1.00.32
48 Kayley Britten	21.01.01	Sheffield & District Feb 09	1.05.85

#### 100m Breaststroke

1 Claire Shortt	14.11.87	NEC May 08	1.22.40
2 Frances McGrother	25.12.91	Sheffield Premier Mar 2009	1.22.44
3 Emily Shone	23.07.96	Yorks Feb 09	1.23.73
4 Shannon Eades	08.11.96	Rotherham Open May 09	1.31.15
5 Paige Davis	15.10.91	Rotherham Open May 09	1.31.92
6 Nicole Clarke	14.11.96	Rotherham Open May 09	1.32.61
7 Charlotte Bailey	18.06.91	Rotherham Open May 08	1.32.88
8 Kelsey Longden	03.02.96	Rotherham A/B Jan 09	1.32.88
9 Alice Aucott	06.11.98	NECs June 09	1.33.51
10 Lucy Bennett	06.04.97	Rotherham Open May 09	1.33.59
11 Laura Gillott	19.05.96	Yorks Feb 09	1.36.44
12 Victoria Faley	04.01.94	Sheffield & District Feb 09	1.37.42
13 Bethany White	13.05.95	Rotherham A/B Jan 09	1.38.70
14 Alicia Hartley	02.09.98	Rotherham Open May 09	1.39.36
15 Holly Sotheran	30.11.98	NECs June 09	1.39.41
16 Kimberley Bush	26.11.95	Rotherham A/B Jan 09	1.39.72
17 Hannah Shone	30.09.93	Rotherham A/B Jan 06	1.40.12
18 Lauren Horler	18.12.95	Rotherham A/B Jan 09	1.40.49
19 Shannon Sutton	04.09.96	Sheffield & District Feb 09	1.41.47
20 Chelsea Smith	23.02.97	Thorne Tigers June 09	1.42.77
21 Eleanor Coleman	24.02.98	Rotherham A/B Jan 09	1.44.07
22 Lynne Shackshaft	01.10.96	Rotherham A/B Jan 08	1.46.10
23 Bethany Woodcock	12.03.97	Sheffield & District Feb 09	1.46.40
24 Molly Simpson	05.11.96	Sheffield & District Feb 09	1.47.84
25 Sophie Jones	02.12.97	Rotherham A/B Jan 09	1.48.74
26 Georgia Naughton	31.05.97	Sheffield & District Feb 09	1.48.87
27 Rachael Frost	03.06.93	Barnsley Sizzler July 08	1.49.32
28 Alice Frost	28.02.95	Sheffield & District Feb 08	1.49.67
29 Rebecca Britten	22.10.97	Sheffield & District Feb 09	1.50.56
30 Harriet Esberger	20.10.98	Rotherham A/B Jan 09	1.50.61
31 Zoe Thompson	19.01.96	Barnsley Sizzler July 08	1.51.50

32	Jessica Bushby	30.12.96	Rotherham A/B Jan 09	1.51.75
33	Abigail Oates	10.05.96	Barnsley Sizzler July 08	1.52.79
34	Jessica McGann	17.08.97	Rotherham A/B Jan 09	1.53.86
35	Hannah Dannatt	26.06.99	Rotherham A/B Jan 09	1.56.39
36	Lucy Handley	23.03.99	Sheffield & District Feb 09	1.56.57
37	Abbie Hull	30.01.98	Sheffield & District Feb 09	2.00.07
38	Robyn Hartley	06.12.97	Rotherham A/B Jan 09	2.06.29

#### 200m Breaststroke

1	Frances McGrother	25.12.91	Rotherham A/B Jan 09	2.56.74
2	Emily Shone	23.07.96	Rotherham Open May 09	3.04.09
3	Kelsey Longden	03.02.96	Rotherham A/B Jan 09	3.13.62
4	Nicole Clarke	14.11.96	Rotherham A/B Jan 09	3.15.73
5	Lucy Bennett	06.04.97	Rotherham Open May 09	3.19.10
6	Alice Aucott	06.11.98	NECs June 09	3.19.92
7	Lynne Shackshaft	01.10.96	Rotherham A/B Jan 09	3.20.64
8	Shannon Eades	08.11.96	Yorks Feb 09	3.27.17
9	Holly Sotheran	30.11.98	NECs June 09	3.28.69
10	Lauren Horler	18.12.95	Rotherham A/B Jan 09	3.33.05
11	Laura Gillott	19.05.96	Rotherham A/B Jan 08	3.34.10
12	Hannah Shone	30.09.93	Rotherham A/B Jan 07	3.34.94
13	Chelsea Smith	23.02.97	Thorne Tigers June 09	3.35.92
14	Georgia Naughton	31.05.97	Thorne Tigers June 09	3.46.72
15	Katie Pollard	25.05.99	Yorks Feb 09	3.49.26
16	Eleanor Coleman	24.02.98	Sheffield & District Feb 09	3.49.38
17	Alicia Hartley	02.09.98	Rotherham A/B Jan 09	3.50.89

#### 50m Butterfly

1	Charlotte Pearson	09.06.94	Sheffield No Frills May 2009	30.31
2	Claire Shortt	14.11.87	Rotherham Open May 08	32.08
3	Sarah Dawes	Master	Rotherham Masters 09	33.46
4	Frances McGrother	25.12.91	Rotherham Open May 09	33.85
5	Kelsey Longden	03.02.96	Yorks March 2009	34.21
6	Emily Shone	23.07.96	Rotherham Open May 09	35.26
7	Charlotte Bailey	18.06.91	NEC Apr 06	35.53
8	Bethany Woodcock	12.03.97	Rotherham Open May 09	36.06
9	Nicole Clarke	14.11.96	Yorks March 2009	36.26
10	Shannon Eades	08.11.96	Rotherham Open May 09	37.22
11	Rebecca Worne	21.07.96	Thorne Tigers June 09	37.28
12	Shauney Brewster	29.07.96	Yorks March 2009	37.55
13	Holly Sotheran	30.11.98	Yorks March 2009	37.75
14	Bethany White	13.05.95	Rotherham A/B Jan 09	37.93
15	Laura Gillott	19.05.96	Yorks March 2009	37.96
16	Kimberley Bush	26.11.95	Rotherham Open May 09	38.02
17	Lauren Horler	18.12.95	Rotherham Open May 09	38.05
18	Rachael Frost	03.06.93	Rotherham A/B Jan 08	39.18
19	Rebecca Britten	22.10.97	Sheffield No Frills May 2009	39.25
20	Lucy Bennett	06.04.97	Yorks March 2009	39.43
21	Jessica Bushby	30.12.96	Sheffield & District Feb 09	39.63
22	Victoria Faley	04.01.94	Sheffield & District Feb 09	40.49
23	Chelsea Smith	23.02.97	Thorne Tigers June 09	40.64
24	Alice Frost	28.02.95	Sheffield Teaspoon Sept 08	41.91
25	Lois Vardy	01.12.99	Yorks March 2009	42.32
26	Alice Aucott	06.11.98	Yorks March 2009	42.38
27	Zoe Thompson	19.01.96	Thorne Tigers June 09	42.98
28	Hannah Shone	30.09.93	Rotherham A/B Jan 07	43.76

29	Shannon Sutton	04.09.96	Sheffield & District Feb 09	44.02
30	Katie Pollard	25.05.99	Yorks March 2009	44.05
31	Amelia Kurley	30.12.96	Sheffield & District Feb 09	44.34
32	Sophie Jones	02.12.97	Sheffield & District Feb 09	44.40
33	Yvonne Graves	10.10.98	Rotherham A/B Jan 09	44.73
34	Eleanor Coleman	24.02.98	Rotherham A/B Jan 09	45.77
35	Lynne Shackshaft	01.10.96	Rotherham A/B Jan 09	46.52
36	Jessica McGann	17.08.97	Sheffield & District Feb 09	47.49
37	Teresa Graves	10.10.98	Sheffield & District Feb 09	47.98
38	Georgia Naughton	31.05.97	Thorne Tigers June 09	48.00
39	Ruth Brown	07.06.96	Sheffield & District Feb 09	48.47
40	Abbie Hull	30.01.98	Rotherham A/B Jan 09	50.59
41	Emily Noon	29.08.98	Sheffield & District Feb 09	51.38
42	Heather Wellings	29.10.97	Rotherham A/B Jan 09	54.69
43	Robyn Hartley	06.12.97	Sheffield & District Feb 09	57.17
44	Alicia Hartley	02.09.98	Barnsley Sizzler July 08	1.03.30
45	Danielle Marsh	07.10.99	Sheffield & District Feb 09	1.11.95

#### 100m Butterfly

1	Charlotte Pearson	09.06.94	Rotherham Open May 09	1.10.36
2	Claire Shortt	14.11.87	NEC May 07	1.12.19
3	Frances McGrother	25.12.91	Rotherham A/B Jan 09	1.14.02
4	Kelsey Longden	03.02.96	Rotherham Open May 09	1.15.18
5	Charlotte Bailey	18.06.91	Rotherham Open May 07	1.17.85
6	Shannon Eades	08.11.96	Yorks Feb 09	1.23.44
7	Holly Sotheran	30.11.98	NECs June 09	1.25.32
8	Emily Shone	23.07.96	Rotherham A/B Jan 09	1.25.76
9	Lauren Horler	18.12.95	Rotherham A/B Jan 09	1.31.23
10	Nicole Clarke	14.11.96	Sheffield & District Feb 09	1.33.92
11	Jessica Bushby	30.12.96	Rotherham A/B Jan 09	1.34.44
12	Alice Frost	28.02.95	Rotherham A/B Jan 09	1.34.96
13	Shauney Brewster	29.07.96	Sheffield & District Feb 09	1.37.70
14	Chelsea Smith	23.02.97	Thorne Tigers June 09	1.38.08
15	Rebecca Britten	22.10.97	Rotherham A/B Jan 09	1.38.90
16	Helen Turner	Master	Rotherham Masters 08	1.40.09
17	Amelia Kurley	30.12.96	Sheffield & District Feb 09	1.41.22
18	Yvonne Graves	10.10.98	Sheffield & District Feb 09	1.42.71
19	Abbie Hull	30.01.98	Sheffield & District Feb 09	1.47.91
20	Shannon Sutton	04.09.96	Rotherham A/B Jan 09	1.49.63
21	Harriet Esberger	20.10.98	Sheffield & District Feb 09	1.56.48
22	Teresa Graves	10.10.98	Sheffield & District Feb 09	2.00.41
23	Hannah Dannatt	26.06.99	Rotherham A/B Jan 09	2.07.20

#### 200m Butterfly

1	Charlotte Bailey	18.06.91	Rotherham A/B Jan 07	2.57.84
2	Holly Sotheran	30.11.98	NECs June 09	3.12.61
3	Emily Shone	23.07.96	Rotherham A/B Jan 07	3.41.51

#### 50m Backstroke

1	Sarah Dawes	Master	Rotherham Masters 06	34.33
2	Emily Shone	23.07.96	Rotherham Open May 09	35.01
3	Charlotte Pearson	09.06.94	Sheffield No Frills May 2009	35.32
4	Claire Shortt	14.11.87	Teaspoon Sept 05	35.39
5	Frances McGrother	25.12.91	Rotherham A/B Jan 09	36.49
6	Kelsey Longden	03.02.96	Yorks March 2009	36.69

7	Laura Gillott	19.05.96	Rotherham Open May 09	37.41
8	Chelsea Smith	23.02.97	Yorks March 2009	37.52
9	Rachael Frost	03.06.93	Yorks Feb 08	38.19
10	Charlotte Bailey	18.06.91	Teaspoon Sept 07	38.58
11	Rebecca Britten	22.10.97	Sheffield No Frills May 2009	38.60
12	Shannon Eades	08.11.96	Sheffield Premier Mar 2009	38.75
13	Shauney Brewster	29.07.96	Sheffield & District Feb 09	38.95
14	Bethany Woodcock	12.03.97	Yorks March 2009	39.15
15	Holly Sotheran	30.11.98	Yorks March 2009	39.73
16	Nicole Clarke	14.11.96	Yorks March 2009	39.82
17	Jessica Bushby	30.12.96	Yorks March 2009	40.03
18	Hannah Shone	30.09.93	Rotherham A/B Jan 08	40.08
19	Lauren Horler	18.12.95	Rotherham A/B Jan 09	40.32
20	Lucy Bennett	06.04.97	Yorks March 2009	40.58
21	Alice Frost	28.02.95	Rotherham Open May 08	41.64
22	Bethany White	13.05.95	Rotherham A/B Jan 09	41.78
23	Alice Aucott	06.11.98	Rotherham Open May 09	42.37
24	Kimberley Bush	26.11.95	Rotherham A/B Jan 09	42.44
25	Helen Turner	Master	Rotherham Masters 08	43.21
26	Lynne Shackshaft	01.10.96	Sheffield No Frills May 2009	43.25
27	Zoe Thompson	19.01.96	Thorne Tigers June 09	44.22
28	Yvonne Graves	10.10.98	Rotherham Open May 09	44.31
29	Alicia Hartley	02.09.98	Sheffield & District Feb 09	44.88
30	Abbie Hull	30.01.98	Sheffield & District Feb 09	44.95
31	Amelia Kurley	30.12.96	Sheffield & District Feb 09	45.28
32	Hannah Dannatt	26.06.99	Yorks March 2009	45.36
33	Shannon Sutton	04.09.96	Rotherham A/B Jan 09	45.67
34	Teresa Graves	10.10.98	Rotherham Open May 09	45.73
35	Jessica McGann	17.08.97	Sheffield & District Feb 09	45.77
36	Emily Noon	29.08.98	Yorks March 2009	45.78
37	Katie Pollard	25.05.99	Yorks March 2009	46.67
38	Sophie Jones	02.12.97	Sheffield & District Feb 09	46.69
39	Rebecca Durn	16.02.00	Thorne Tigers June 09	46.69
40	Harriet Esberger	20.10.98	Rotherham A/B Jan 09	46.78
41	Victoria Faley	04.01.94	Teaspoon Sept 06	47.37
42	Lois Vardy	01.12.99	Yorks March 2009	47.75
43	Heather Wellings	29.10.97	Rotherham A/B Jan 09	47.82
44	Ruth Brown	07.06.96	Sheffield & District Feb 09	47.93
45	Georgia Naughton	31.05.97	Sheffield & District Feb 09	47.97
46	Eleanor Coleman	24.02.98	Rotherham A/B Jan 09	48.35
47	Molly Simpson	05.11.96	Rotherham A/B Jan 08	48.87
48	Maisie Noon	30.01.01	Sheffield & District Feb 09	53.58
49	Robyn Hartley	06.12.97	Sheffield & District Feb 09	54.47
50	Holly Noon	30.01.01	Sheffield & District Feb 09	54.78
51	Danielle Marsh	07.10.99	Sheffield & District Feb 09	54.81
52	Lucy Handley	23.03.99	Sheffield & District Feb 09	55.77
53	Caitlin Wallis	05.09.98	Sheffield & District Feb 09	56.00
54	Kayley Britten	21.01.01	Sheffield & District Feb 09	56.88

#### 100m Backstroke

1	Emily Shone	23.07.96	Sheffield No Frills May 2009	1.14.03
2	Charlotte Pearson	09.06.94	Rotherham Open May 09	1.16.88
3	Laura Gillott	19.05.96	NECs June 09	1.17.81
4	Kelsey Longden	03.02.96	NECs June 09	1.18.36
5	Frances McGrother	25.12.91	Rotherham Open May 07	1.18.67
6	Shannon Eades	08.11.96	NECs June 09	1.19.01
7	Chelsea Smith	23.02.97	Rotherham Open May 09	1.20.24

8 Rachael Frost	03.06.93	Barnsley Sizzler July 08	1.22.27
9 Charlotte Bailey	18.06.91	Barnsley Sizzler July 08	1.23.65
10 Holly Sotheran	30.11.98	NECs June 09	1.25.26
11 Bethany Woodcock	12.03.97	Yorks Feb 09	1.25.62
12 Rebecca Britten	22.10.97	Thorne Tigers June 09	1.25.69
13 Jessica Bushby	30.12.96	Yorks Feb 09	1.26.16
14 Lauren Horler	18.12.95	Rotherham A/B Jan 09	1.26.26
15 Kimberley Bush	26.11.95	Sheffield & District Feb 09	1.28.78
16 Alice Frost	28.02.95	Rotherham A/B Jan 08	1.29.39
17 Shauneay Brewster	29.07.96	Sheffield & District Feb 09	1.29.69
18 Abbie Hull	30.01.98	Rotherham A/B Jan 09	1.30.17
19 Bethany White	13.05.95	Rotherham A/B Jan 09	1.30.37
20 Hannah Shone	30.09.93	Rotherham A/B Jan 07	1.30.69
21 Lucy Bennett	06.04.97	Sheffield & District Feb 09	1.31.15
22 Alice Aucott	06.11.98	Rotherham Open May 09	1.31.86
23 Nicole Clarke	14.11.96	Rotherham A/B Jan 08	1.35.45
24 Alicia Hartley	02.09.98	Sheffield & District Feb 09	1.35.93
25 Yvonne Graves	10.10.98	Rotherham A/B Jan 09	1.37.13
26 Abigail Oates	10.05.96	Barnsley Sizzler July 08	1.37.41
27 Harriet Esberger	20.10.98	Sheffield & District Feb 09	1.38.93
28 Zoe Thompson	19.01.96	Thorne Tigers June 09	1.39.63
29 Teresa Graves	10.10.98	Rotherham A/B Jan 09	1.39.73
30 Lynne Shackshaft	01.10.96	Thorne Tigers June 09	1.39.73
31 Sophie Jones	02.12.97	Sheffield & District Feb 09	1.40.07
32 Shannon Sutton	04.09.96	Sheffield & District Feb 09	1.40.10
33 Emily Noon	29.08.98	Sheffield & District Feb 09	1.40.86
34 Jessica McGann	17.08.97	Rotherham A/B Jan 08	1.44.32
35 Amelia Kurley	30.12.96	Rotherham A/B Jan 08	1.46.05
36 Kayley Britten	21.01.01	Sheffield & District Feb 09	2.07.84

#### 200m Backstroke

1 Emily Shone	23.07.96	Rotherham Open May 09	2.36.83
2 Laura Gillott	19.05.96	Yorks Feb 09	2.49.09
3 Chelsea Smith	23.02.97	Rotherham Open May 09	2.50.83
4 Holly Sotheran	30.11.98	Yorks Feb 09	2.56.59
5 Shannon Eades	08.11.96	Yorks Feb 09	2.57.55
6 Jessica Bushby	30.12.96	Yorks Feb 09	3.00.94
7 Rachael Frost	03.06.93	Rotherham Open May 08	3.01.22
8 Hannah Shone	30.09.93	Rotherham A/B Jan 09	3.05.34
9 Rebecca Britten	22.10.97	Yorks Feb 09	3.07.78
10 Alice Frost	28.02.95	Rotherham A/B Jan 08	3.11.90
11 Nicole Clarke	14.11.96	Rotherham A/B Jan 08	3.14.97

#### 200m Individual Medley

1 Frances McGrother	25.12.91	NEC May 09	2.35.81
2 Claire Shortt	14.11.87	Rotherham Masters 08	2.39.92
3 Charlotte Pearson	09.06.94	Rotherham Open May 09	2.40.93
4 Emily Shone	23.07.96	NECs June 09	2.43.13
5 Kelsey Longden	03.02.96	Rotherham Open May 09	2.44.74
6 Shannon Eades	08.11.96	NECs June 09	2.48.73
7 Charlotte Bailey	18.06.91	Rotherham Open May 08	2.48.75
8 Laura Gillott	19.05.96	Yorks Feb 09	2.51.44
9 Holly Sotheran	30.11.98	NECs June 09	2.54.13
10 Nicole Clarke	14.11.96	Yorks Feb 09	2.58.02
11 Alice Aucott	06.11.98	NECs June 09	3.00.00
12 Kimberley Bush	26.11.95	Yorks Feb 09	3.02.81

13 Chelsea Smith	23.02.97	Thorne Tigers June 09	3.04.65
14 Lucy Bennett	06.04.97	Yorks Feb 09	3.11.98
15 Rebecca Britten	22.10.97	Yorks Feb 09	3.17.43
16 Jessica Bushby	30.12.96	Barnsley Sizzler July 08	3.17.44
17 Katie Pollard	25.05.99	Yorks Feb 09	3.36.13
400 Individual Medley			
1 Frances McGrother	25.12.91	Sheffield & District Feb 09	5.28.04
2 Kelsey Longden	03.02.96	NECs June 09	5.44.81
3 Holly Sotheran	30.11.98	NECs June 09	6.13.19